

## **Richmond Area Support Groups**

### **Colonial Heights**

#### *Breast Cancer Support Group*

Location: Ukrops on the Boulevard, in Community Room

Address: 40 Colonial Square, Colonial Heights, 23834 listed as undeliverable – alternate address: 3107-15 Boulevard, Colonial Heights, VA 23834

Date: 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of every month

Time: 6 to 7:30 p.m.

Contact: Libby Gatewood (804) 530-4604 or Monica Gowin (804) 541-6945

#### *Cancer Support Group*

Location: Southside Regional Medical Center, Ste C

Address: 3233 Boulevard, Colonial Heights, 23834 listed as undeliverable – alternate address: 801 South Adams Street, Petersburg, VA 23803

Date: Every Friday

Time: 9 to 10 am

Contact: Gayle Lewis (804) 862-5779

### **Mechanicsville**

#### *Breast Cancer Support Group*

Sponsored by Massey Cancer Center

Location Memorial Regional Medical Center Conference Room

Address 8260 Atlee Rd., Mechanicsville 23116

Date: 2<sup>nd</sup> Monday of every month

Time: 6 to 7:30 pm

Contact: Ruth Norrell at American Cancer Society (804) 228-7300

#### *Cancer Support Group*

Sponsored by Massey Cancer Center

Location Memorial Regional Medical Center Conference Room

Address 8260 Atlee Rd., Mechanicsville 23116

Date: Every Tuesday

Time: 10:30 to 1 PM

Contact: Ruth Norrell at American Cancer Society (804) 228-7300

### **Petersburg**

#### *Cancer Support Group*

For Patients and Families

Location: Union Branch Baptist Church

Address: 3356 Union Branch Rd., Petersburg 23805

Date: Monday after the 4<sup>th</sup> Sunday of every other month

Time: 7:15 to 8:15 pm

Contact: Charlotte Bell (804) 526-1795

Call for more information- group begins meeting in September, and then meets every other month

#### *Cancer Support Group*

Location: Mount Olivet Baptist Church

Address: 800 Augusta Ave, Petersburg 23805

Contact: Sis. Violet Wathall

## **Richmond**

### *Breast Cancer Support Group*

Location: The Hawthorne Center at CJW Medical Center

[www.thehawthorne.org/supportgroups](http://www.thehawthorne.org/supportgroups)

Address: 1459 Johnston Willis Dr., Richmond 23234

Date: Every Wednesday

Time: 6:30 to 8 pm

Contact: Robin Yoder (804) 330-2136 or [robin.yoder@hcahealthcare.com](mailto:robin.yoder@hcahealthcare.com)

### *Cancer Survivors Support Group*

Location: The Hawthorne Center at CJW Medical Center

Address: 1459 Johnston Willis Dr., Richmond 23234

Date: Every Monday

Time: 11:30 to 1pm

Contact: Robin Yoder (804) 330-2136 or [robin.yoder@hcahealthcare.com](mailto:robin.yoder@hcahealthcare.com)

[www.thehawthorne.org/supportgroups](http://www.thehawthorne.org/supportgroups)

### *Care Givers Support Group*

Location: The Hawthorne Center at CJW Medical Center

Address: 1459 Johnston Willis Dr., Richmond 23234

Contact: Robin Yoder (804) 330-2136 or [robin.yoder@hcahealthcare.com](mailto:robin.yoder@hcahealthcare.com)

[www.thehawthorne.org/supportgroups](http://www.thehawthorne.org/supportgroups)

Call to confirm details.

### *The Walking Group*

Location: The Hawthorne Center at CJW Medical Center

Address: 1459 Johnston Willis Dr., Richmond 23234

Date: Seasonal

Contact: (804) 330-2180 or [www.thehawthorne.org/supportgroups](http://www.thehawthorne.org/supportgroups)

### *Breast Cancer Support Group*

Location: Henrico Doctors' Hospital, Forrest Patient Resource Library Room 346

Address: 1602 Skipwith Road, Richmond 23229

Date: 4<sup>th</sup> Tuesday of every month (except holidays)

Time: 6:00pm

Contact: Susan Guckenber (804) 200-7033

### *Caregiver Support Group*

Location: Henrico Doctors' Hospital, Forrest Patient Resource Library, Room 346

Address: 1602 Skipwith Road, Richmond 23229

Date: Every Thursday (except holidays)

Time: 11:30am

Contact: Susan Guckenber or Carrie Schaeffer (804) 289-4837

### *Cancer Support Group for Patients and Families*

Location: VCU Hospital Dept. of Care Coordination, North 6

Address: 1200 E. Marshall St., Richmond 23298

Date: Every Thursday

Time: 6pm

Contact: Valerie Cauthorne (804) 828-9119

Call to register, meets Sept.- May

### *Breast Cancer Support Group*

Location: VCU Massey Cancer Center at Stony Point

Address: 9000 Stony Point Pkwy, Richmond, 23235

Date: 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month  
Time: 5 to 6:45pm  
Contact: Mary Saunders (804) 828-5024  
Call for more information, not currently meeting

*Caregivers and Family Support Group*  
VCU Massey Cancer Center  
Address: 401 College Street, Richmond 23298  
Contact: Debbie Cadet or Karin Bryant (804) 2511  
Call for dates and times

*Breast Cancer Support Group*  
Location: Richmond Surgical Group, Tuckahoe Medical Center  
Address: 8921 Three Chopt Rd., Richmond 23229  
Date: 3<sup>rd</sup> Wednesday of every month  
Time: 5:30 to 7 pm  
Contact: Susan Uhle, (804) 285-9416 or [www.richmondsurgical.net](http://www.richmondsurgical.net)

*Women's Cancer Support Group*  
Location: St. Mary's Hospital Resource Center, Suite 108  
Address: 5875 Bremono Rd., Richmond 23226  
Date: 2<sup>nd</sup> Monday of every month  
Time: 12:00-1:00 pm  
Contact: Michelle Witcher (804) 287-7809  
Call to register

*Cancer Support Group for Patients and Families*  
Location: St. Mary's Hospital, Suite 105  
Address: 5801 Bremono Rd., Richmond 23226  
Date: every Tuesday  
Time: 6 to 7 pm  
Contact: (804) 281-8282, [www.bonsecours.com/cancer/support](http://www.bonsecours.com/cancer/support)  
Call to register

*Cancer Support Group for African-Americans*  
Location: 5<sup>th</sup> Baptist Church  
Address: 1415 W. Cary St., Richmond, 23220  
Date: 2<sup>nd</sup> Thursday of every month  
Time: 5:30 to 7 pm  
Contact: Theresa Teekah (804) 786-6527 or (804) 864-7879

*Women's Cancer Support Group*  
Location: West End Assembly of God  
Address: 401 Parham Rd., Richmond, 23229  
Date: 3<sup>rd</sup> Sunday of every month  
Time: 4 to 6 pm  
Contact: Ann Yarborough (804) 740-7042

*Breast Cancer Support Group*  
Through Sisters Network  
Location: Richmond Community Hospital  
Address: 1500 N. 28<sup>th</sup> St., Richmond 23223  
Date: 1<sup>st</sup> Monday of every month  
Time: 6 pm  
Contact: Tina Turner (804) 457-4807

*Lymphedema Support Group*

Sponsored by Bon Secours, St. Mary's

Location: Retreat Hospital, First floor classroom

Address: 2621 Grove Ave., Richmond, 23220

Date: 2<sup>nd</sup> Tuesday of the month

Time: 6:30 to 8pm

Contact: Lisa Bomar (804) 254-5164

Call to confirm date, may vary

*C.O.P.I.N.G. Cancer Support Group*

Location: Health South Medical Center

Address: 7700 Parham Road, Richmond

Date: 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month

Time: 5:30 to 6:30 pm

Contact: American Cancer Society (804) 227-6333

*Camp Phoenix (a camp for adults with cancer going with/without treatment)*

Sponsored by the Oncology Nursing Society

Location: Camp Hanover

Address: 3163 Parsleys Mill Rd., Mechanicsville 23111

Contact: for information (804) 273-9078

to register (804) 5000 ext-4480

Call for more information, camp held during a weekend in October