In this issue...
President's Voice .... 2
Kendra Jean McCarthy... 3
The Ultimate Drive .... 4
Rally in Washington D.C. .... 5
Chapter Reports .... 6
Bone Marrow Debate ... 8
1999 Contributions .... 9

Political Clout

Advocates use political savvy to gain support for breast cancer platforms.

"Breast cancer is a health issue, a family issue, a woman's issue. And, breast cancer is a political issue!"

These strong messages will be communicated to voters and candidates this November when the National Breast Cancer Coalition (NBCC) culminates their Make Breast Cancer History campaign. The campaign is aimed at increasing awareness among the general public—and voters in particular—that breast cancer is a political issue.

Politicians make important decisions about breast cancer. These decisions can have a powerful effect on levels of funding available for breast cancer research and prevention, on who has access to treatment, and on what level of care will be considered acceptable quality.

NBCC commissioned a national poll that revealed 54 percent of the respondents would be more inclined to vote for a candidate who makes finding a cure a priority. Based on the strength of this response, the NBCC developed a legislative program with specific priorities. These include the passage of laws that will increase federal funding for quality breast cancer research, guaranteed access for all women to breast cancer detection and treatment, and the allocation of resources to study potential links between the environment and breast cancer.

NBCC urges its members and the community to ascertain where their candidates stand on these essential issues. NBCC is looking beyond general statements of support and assessing how officials actually vote and govern on the principles described in the coalition's platform.

NBCC worked to collect pledges from one million voters who will agree to consider a candidate's position on the coalition's legislative priorities before casting their vote. The drive culminated on October 24 at the U.S. Capitol. NBCC urges voters to do this for themselves, for the three million American women who are struggling with breast cancer, for the million women who have it and have not been diagnosed, and for the more than 40,000 women who died from breast cancer last year.

NBCC pledge cards and voter records are available by calling NBCC's Areacely Panameno at (202) 973-0579 or by visiting their website www.stopbreastcancer.org. These materials are also available in the VBCF library.
It is with great personal honor that I was nominated by the Board to serve as the sixth president of VBCF. I will complete the term of Jennie Davies, who resigned when her husband's work required a return to their homeland of England. Although president for a short seven months, Jennie accomplished much during that time. Working with the VBCF Board, she led the process of editing the original mission statement to one of greater simplicity and clarity. Her dedication, energy and enthusiasm will be greatly missed. We wish her all the best in England.

During October, it seems that breast cancer awareness events abound. While reading a popular women's magazine, I noted that during the month of October you could buy shoes, eat yogurt or wear jeans, and each of these activities resulted in monetary contributions to breast cancer research. It is encouraging that awareness of breast cancer appears to be everywhere.

However, a recent discussion with a friend brought the whole issue back into perspective. She lamented that despite all the fund-raising efforts, all the events to raise awareness, far too many women are still being diagnosed with and dying from breast cancer. She wondered whether all the efforts were "just an exercise in futility."

Not wanting to discourage her enthusiasm, I listed the many advances in the treatment of breast cancer. From breast conservation as a treatment option to new drugs such as Herceptin, advances have been made. But as I was talking, I knew the sad statistic: 50 percent of those diagnosed with breast cancer will ultimately die from the disease. There is still no cure.

This latter fact was brought home to VBCF in September as Kendra McCarthy, one of the founding members of VBCF and a past president, died at age 51 from the disease. Kendra's death, coupled with the recurrence of three other VBCF members and the new diagnosis of a neighborhood friend, remind me that we can never give up in our efforts to eradicate this disease.

VBCF has a very special event planned for October. On October 28th, we will hold a candlelight vigil, "Lighting the Way into that Dark Night," near the Capitol Building in Richmond. We are working in conjunction with the group Virginia Motorcyclists Against Cancer (VaMAC), whose members will ride any VBCF member interested in their motorcycles down Richmond's Monument Avenue to the event.

The guiding spirit for our October event is Sherry Kohlenberg, a VBCF co-founder. In her memory we annually present the Sharon H. Kohlenberg Healthcare Service Award to the healthcare professional who "exhibits a deep and abiding commitment to the fight against breast cancer." At the first VBCF board meeting I attended as a guest four years ago, I was moved by a video of Sherry speaking at a National Breast Cancer Coalition rally shortly before her death. I would like to share with you her powerful closing words:

"We are told that we are overreacting to statistics. We're told that we have no business demanding a say in how research is conducted. But we keep going to funerals. Enough is enough. We must demand whatever it takes. We cannot pass this legacy onto our daughters. I will not go silently. I will go shouting into that dark night."

Barbara Dittmeier

Virginia Breast Cancer Foundation
Board of Directors

Barbara Dittmeier, President
Karin Noss, Vice President
Linda Strickland, Treasurer
Elizabeth Williams, Secretary
Wanda Bruce
Joy Galloni
Libby Gatewood
Patricia Goodall
Becky Morris
Beblon Parks
Frank Poynter
Southwestern Virginia District Representative
Leslie Rosen
Gay Rudis
Central Virginia Representative
Judy Weatherly
Tidewater District Representative
Ann Wilson

The Virginia Breast Cancer Foundation is a grassroots organization committed to the eradication of breast cancer through education and advocacy.

Educate  Advocate  Eradicate
New Leadership for VBCF

VBCF elects new president and vice president.

Barbara Dittmeier of Richmond was elected VBCF president, filling the vacancy left by Jennie Davies’ departure. Barbara has served on the Board of Directors since 1998. She has also served on various committees, including Finance and Publications. Barbara is a Financial Advisor with First Union Securities and brings her financial expertise to this new leadership position. Barbara is also on the Board of the Virginia Foundation for Women.

Karin Noss of Vienna was elected as vice president and will fulfill Patti Goodall’s term. Karin has served on the Board of Directors and as the organization’s representative to the National Breast Cancer Coalition. Karin is an U.S. Air Force lieutenant colonel and also serves as the president of Capitol Area Y-ME.

Both of our new officers have expressed their commitment to the VBCF mission and their enthusiasm for leading the organization in its fight against breast cancer. VBCF will truly benefit from their leadership skills.

Farewell, Fellow Warrior

VBCF mourns the loss of Kendra Jean McCarthy.

On the morning of September 5, 2000, VBCF lost a fellow warrior in the fight against breast cancer. Kendra Jean McCarthy, 51, died of complications from breast cancer.

Kendra McCarthy was one of the founding members of the Virginia Breast Cancer Foundation. After being diagnosed with breast cancer in 1988 and learning of the under-funding of breast cancer research, she joined VBCF in its early days. Driven to educate Virginians about breast cancer, she helped to build the foundation of this organization. Volunteering countless hours, she served in different capacities as secretary, treasurer, volunteer executive director, and president. She was a general board member until 1997.

Under Kendra’s leadership, VBCF grew from a model grassroots advocacy group to an organization from which consultation is sought on both national and state levels. Kendra was also a member of the National Breast Cancer Coalition’s working board and served as treasurer. She was involved in planning for the coalition’s 2.6-million signature petition drive and the “Faces of Breast Cancer.”

Kendra understood that women have to get involved in the fight against breast cancer, and that a cure must be found. Her passion for the cause is evident in these lines from her poem, I Will Not Survive.

Don’t call me a survivor.  
It sounds as if the battle is done, over.  
When actually, it has probably just begun.  
If I am a survivor now, what will I become  
When it kicks up again?

She continues,

Call me a fighter.  
I fight the disease in my own body.  
I fight for more research  
So perhaps my granddaughters will not die.  
Yes—cancer fighter—I like that.

Although quite ill, Kendra continued to be an advocate for a cure when she spoke to the 2000 Richmond Race for the Cure, telling participants they could not go home and put away their pink ribbons until the next race because women are still dying from this despicable disease.

VBCF bids farewell to Kendra Jean McCarthy, a fellow warrior in the fight against breast cancer.
The Ultimate Drive

VBCF teams up with BMW and the Susan G. Komen Foundation to raise funds, honor volunteers.

For the fourth year in a row, members of the Virginia Breast Cancer Foundation provided volunteer assistance to the Susan G. Komen Foundation and BMW Corporation for "The Ultimate Drive." This event is sponsored by BMW Corporation to raise money for breast cancer research. BMW provides a fleet of cars to be test-driven by the public. For every mile driven, BMW gives one dollar to the Susan G. Komen Foundation. This year's effort in Virginia raised over $15,000 for breast cancer research. Virginia's Ultimate Drive events were held in Richmond, Newport News, and Virginia Beach. VBCF members volunteered in each city and also helped drive the cars to the next location.

The program also provides an opportunity to recognize local heroes for their work in the fight against breast cancer. Three women honored this year were Gloria Barnes of Richmond, Judy Weatherly of Newport News, and Diana Barnett of Virginia Beach.

As a Jazzercise instructor, Gloria Barnes initiated and organizes the annual Dance for a Cure, which raises thousands of dollars for VBCF. Gloria also volunteers to speak with first-year medical students in a VBCF education program held at Virginia Commonwealth University's Medical College of Virginia. Gloria is very active in the VBCF Richmond Chapter as well. Speaking to an audience in Richmond, Gloria encouraged them to assume a role in advocacy and be aware of how their policy makers are voting on breast cancer legislation.

Judy Weatherly had seen first-hand the need for public education about breast cancer. Since joining VBCF, she has served as the vice president and president of the Peninsula Chapter. She has also served as the Tidewater District representative for the VBCF Board of Directors. Judy is committed to helping VBCF fight breast cancer through education, advocacy, and the eradication of this disease that still continues to take so many lives, young and old alike. Judy believes so strongly in VBCF's mission that she says she would like to see the eradication of breast cancer put VBCF out of business.

Diana Barnett's life centers on being an American Cancer Society Volunteer. She serves on the society's South Hampton Road Metro Board of Directors. As a Reach to Recovery program volunteer, she accompanies breast cancer patients from the time of diagnosis through surgery and then on to recovery. An advocate for finding a cure, Diana has been one of the top fundraisers for the Society's Southside Hampton Roads chapter. She has personally raised over $70,000 in the past five years in the Relay for Life. Because of her success, she has been tapped by the society to train others in how to raise awareness and dollars for patient services, advocacy initiatives, and much needed research.

Congratulations to this year's local heroes! Many thanks to those VBCF volunteers who helped make this another successful fundraiser for breast cancer research.
Life's Delicate Balance: Causes and Prevention of Breast Cancer

By Dr. Janette Sherman
Published by Taylor and Francis, New York
Reviewed by Karin Noss

"First, do no harm." That's what doctors vow to do when they take the Hippocratic Oath. But, as Dr. Janette Sherman points out in her new book, *Life's Delicate Balance: Causes and Prevention of Breast Cancer*, we may all be doing harm—doctors, government, private industry. The premise of this book is that we must seek more answers and, more importantly, act upon what we have already learned.

Dr. Sherman begins by saying it may be biologists, not physicians, who will be the major contributors to the health of our planet and its people. She spends the first few chapters discussing environmental links to disease and explains briefly how cancer grows. She goes on to examine risks for breast cancer, like early menarche, late menopause, or late childbirth, and suggests these factors could be drug induced, affected by diet and hormones, or toxins passed from mother to child during pregnancy and birth. She also cites a few studies which suggest things like exposures to antihistamines or anti-depressants as possible risk factors, given the way these substances bind to growth-regulating hormones.

In subsequent chapters, Dr. Sherman points out how little we really know or how much we don't pay enough attention to things like radiation exposures (including mammography), exposure to nuclear contamination, or use of synthetic hormones, such as diethylstilbestrol (DES), dichlorodiphenyltrichloroethane (DDT), polychlorinated biphenyls (PCBs), and other dioxins. She notes that while many of these synthetic hormones are no longer in use in the U.S., their effects will linger as they are not readily excreted from the body and are ubiquitous in the food we eat and the water we drink. Dr. Sherman really focuses on the evils of DES in several places in the book and points out how many other hormones are similar in chemical structure to DES - even tamoxifen. She is super critical of the NSABP breast cancer prevention trial, calling the women who participated "guinea pigs." While she does point out many problems with the trial design and implementation, and credits advocacy groups (like VBCF) for sifting through much of the hype, she does not further the cause of getting people to enroll in quality clinical trials with this type of rhetoric.

In her last four chapters, Dr. Sherman departs from the medical and scientific realm and focuses on ethics, morality, the "cancer movement," and what citizens should do. She says, "We must demand an end to drug- and pesticide-tainted foods. We must demand the closing of nuclear power plants. And we must pursue a paradigm shift in how we deal with waste." Wouldn't it be great if the answer to our complex environmental problem—indeed "life's delicate balance"—was that simple?

I would recommend this book to those concerned about breast cancer and other diseases with a few caveats. The first 13 chapters are a good explanation of the scientific underpinnings of the environmental impacts on breast cancer (as we know them), and highlight areas where activists need to demand more and better answers. What is often missing in these chapters, however, is references to scientific evidence contrary to the author’s case.

I also think the author should have stopped there. The final chapters become increasingly militant with incomplete and purely anecdotal evidence of what activists are/are not doing to address environmental problems as they affect breast cancer. Dr. Sherman also does not offer a viable and realistic plan of action for dealing with our environmental problems, which was disappointing. So, do read this book for the lessons in science and the environment, not for the lessons in advocacy.

Breast Cancer Rally in Nation's Capital

VBCF joins the National Breast Cancer Coalition for annual rally at the U.S. Capitol.

On May 2, VBCF members and supporters from across the commonwealth made the annual trip to the nation’s capitol where they joined the National Breast Cancer Coalition and other breast cancer activists for NBCC's Annual Rally and Lobby Day.

During the rally, NBCC launched its "Make Breast Cancer History" campaign. T-shirts emblazoned with the platform logo were given to all participants. Led by enthusiastic cheerleaders, rallying members chanted slogans such as, "We’ll remember in November," "No one gets between me and my genes," and "Genetics loads the gun and environment pulls the trigger!"

Following the rally, VBCF volunteers visited Virginia's senators and congressmen to thank them for their past support and to ask for their continued support with legislation that affects women with or at risk of breast cancer.
RICHMOND CHAPTER

The Richmond Chapter of the Virginia Breast Cancer Foundation held "An Evening of Tribute" on April 12. The event paid tribute to breast cancer support groups and leaders for their contributions to the physical and emotional healing of breast cancer patients.

Gay Rudis, Richmond Chapter president, served as mistress of ceremonies. The program featured presentations by Kathie Speigel and Jennie Davies, and piano music by Jeanette Napier.

Kathie Speigel, R.N., M.S., A.O.C.N., coordinator of breast health at the Virginia Commonwealth University Medical College of Virginia Massey Cancer Center and facilitator for the breast cancer support group at MCV Stony Point, talked about "Helping Hands." She stressed how members help heal each other in a group process. She said that recovering confidence and strength involves an arduous, emotional journey for the patient and their family and friends.

Jennie Davies, VBCF president spoke on the foundation's unique role and gave insights on direction for the next year. She said, "We will not rest until breast cancer is eradicated."

Gay Rudis described the Richmond Chapter's goal for working more closely with Richmond area breast cancer support groups. She said, "It is our belief that the VBCF and breast cancer support groups complement one another as we work to improve the world through breast cancer awareness, education, and advocacy. VBCF would like to send the groups notices of our upcoming events, breast cancer issues, and other opportunities that would be beneficial to those diagnosed with breast cancer. One body is stronger than the sum of its parts. We all share the vision of a cure, and together we can create a mighty team."

The evening included a slide presentation of Portraits of Hope, a photographic exhibit of 30 individuals from the Richmond metropolitan area sharing stories and reflections of being diagnosed with breast cancer. VBCF also provided many visual displays on the history and accomplishments of the organization along with literature and materials on breast cancer issues.

The evening concluded with a ceremony to honor breast cancer support group leaders. A member from each group paid tribute to their leader. Leaders each received a corsage, a flower arrangement, and an Estee Lauder breast cancer ribbon pin donated by Dillard's, Willow Lawn.

Breast cancer support group leaders honored in Richmond.

'Ribbons on Parade'  
International Association of Administrative Professionals' hosts fashion show.

Richmond Chapter members helped raise $300 with style and grace in the Old Dominion Chapter of International Association of Administrative Professionals' (ODCIAAP) first annual benefit fashion show. The event was held April 25 at the Markel/Essex Building in Innsbrook during Administrative Professionals' Week.

Cindy Tellis, first vice president of ODCIAAP and chairperson of the Administrative Professionals' Week committee, and Kathy Robinson, second vice president, coordinated the fashion show and silent auction.

The program included a presentation by Beth Williams, VBCF secretary, who spoke on her diagnosis and experiences with breast cancer and her involvement with the organization. Participants also had an opportunity to view the American Cancer Society's Portraits of Hope exhibit.

Gloria Barnes, Vivian Batts, Paula Dennison, Faye Mullins, Sherry Sandlin, Betsy Secrist, Carol Snydor, Beth Williams, and Cathy Wright walked the runway wearing distinctive clothing provided courtesy of Dress Barn, Dress Barn Woman, and Cache. The models wore sportswear, business and daywear, casual wear, and after-five clothing. Makeup was expertly applied by Mary Kay consultant Angela Daniels.

The Market Café in Innsbrook supplied the food, and members of the ODCIAAP donated drinks for the reception. The exceptional moderator, Denise Kranich of the Innsbrook Owners Association and host of cable TV's The Wedding Party, used her marvelous narrative skills to describe the fashions on view for the nearly 100 attendees.
The Peninsula Chapter of VBCF participated in a contest to see which post office in the area could sell the most breast cancer stamps on May 11. Chapter members Jessie Barrack, Joyce Campbell, Becca Disney, Ruth Johnson, Shirley Keep, Alice Oldfield, Suddie Stultz, Sally Taylor, Ann Wilson, and Anne T. Wilson worked on this event. Mary Reed, U.S. Postal Service area customer relations coordinator, visited each location.

In May, Sudie Stultz held a Health Fair at Lexington Commons, Newport News, and one-half years.

On August 19, Ann Wilson spoke at the Longaberger Basket Horizons of Hope luncheon in Newport News. She shared her “survivor story.” Longaberger Regional Advisor Cindy Elbert donated a Horizons of Hope basket to the Peninsula Chapter. Dollar chances will be sold on the basket until the end of October, Breast Cancer Awareness Month. Longaberger Basket Corp. has donated $4.3 million for breast cancer research from sales of the Horizons of Hope basket. The firm created the basket at the Newport News Redevelopment and Housing Authority.

On June 9, the Peninsula Chapter hosted survivor registration for the American Cancer Society Relay for Life in Newport News. Participating members and spouses included Jennie Davies, Brenda and Al Forbes, Nancy and Paul Hopkins, Bill and Terry McKay, Jim and Betsy O’Connell, Delores Speight, Sudie and Gene Stultz, Judy Weatherly, Ann and Ed Wilson, and Ann T. Wilson. Chapter survivors took the survivor walk around the track.

On July 29, Ann and Ed Wilson hosted a farewell party for VBCF President Jennie Davies and her family. Thirty-seven members and spouses attended. The chapter presented Jennie with a plaque, and several members gave gifts. Jennie will be missed by all who knew and loved her. She gave so much of herself to VBCF and helped us fight for the eradication of breast cancer for six and five years ago to raise awareness and funds for breast cancer research.

One of the main objectives for Peninsula VBCF Chapter this year will be to participate in more educational table events. Several have been scheduled through November. We wish to thank each member or non-member for all participation they have rendered this past season.

Three members of the Chester Tri-Cities Chapter began a small independent project called, “I’m in the Pink Day.” They created packets with a photo poster of chapter members and pink ribbons. Members spoke to groups and friends asking them to encourage others to wear pink on the Friday before Mother’s Day and to donate $5 to VBCF. This project generated over $1,000. It also brought attention to the Virginia Breast Cancer Foundation and has already proven to be a link with individuals and organizations in the Tri-Cities area. The chapter looks forward to expanding this project of awareness and fundraising next Mother’s Day.

Education has been the operative word for the Chester Tri-Cities Chapter during the summer. Members worked around vacations to participate in Breast Cancer Awareness for Parish Nurses with Johnston Willis Hospital in July.

August brought women together for breast self-exam classes at the Fort Lee Dental Clinic and the Delta Kappa Gamma Zeta Chapter, an educator’s sorority. More than 500 runners and walkers participated in the annual Race for the Cause, which the chapter co-sponsored. The August meeting drew a crowd to hear Angela Denny, M.S.P.T., from Retreat Hospital, speak on lymphedema. Angela’s presentation was full of energy and information. She spoke on the anatomy as well as relief from lymphedema symptoms.

This chapter looks forward to continuing VBCF’s mission in the Chester Tri-Cities area.
Bone Marrow Debate
Don’t write off high-dose chemotherapy with bone marrow transplant for breast cancer, experts say.

High-dose chemotherapy with bone marrow transplant may still prove to be a viable option for some breast cancer patients and needs to be tested in ongoing clinical trials, according to leading researchers at the National Cancer Institute (NCI) and elsewhere.

In an open letter to members of the American Society of Clinical Oncology, NCI Director, Richard Klausner, M.D. urged them not to dismiss bone marrow transplant clinical trials as an option for their breast cancer patients. He wrote that although results from some transplant trials have been disappointing, they cannot be generalized to all patients, and contrary to the impression created by some reports, they have not resolved the questions about transplantation.

Debate about bone marrow transplantation for breast cancer has intensified in the past year, following preliminary reports that the rigorous and costly regimen did not prove superior to standard-dose chemotherapy in several large trials. Enrollment in trials fell in the wake of negative news reports and controversy in the oncology community.

Despite the controversy, most women would be willing to consider the therapy and enroll in a clinical trial, according to a new survey by NCI and the National Alliance of Breast Cancer Organizations. The survey included a nationally representative sample of 925 women ages 35–74.

Other leaders in oncology have also urged continued study of this treatment. In an editorial published recently in Cancer Investigation, Scott Bearman, M.D., warned against sweeping conclusions that high-dose chemotherapy with transplant does not work. Bearman, a leading oncologist at the University of Colorado Health Sciences said, “Many more trials will be required before a consensus about the value of dose intensity for breast cancer emerges.”

Breast Self Examination: A Mixed Message

Leading cancer research organizations are backing away from this recommendation to perform breast self-exams. The National Cancer Institute (NCI) states that at this point there are no studies that have shown a benefit of using breast self-examinations. While the American Cancer Society (ACS) still includes monthly breast self-exams in its recommendations for the early detection of breast cancer, it is in the process of eliminating materials that focus solely on breast self-examination.

However, not everyone would agree that downplaying the role of breast self-examination is a step in the right direction. More noticeably, physicians and advocacy organizations from whom women seek guidance, continue to promote breast self-exams. Experts at both NCI and ACS are concerned that women could consider breast self-examinations a substitute for screening practices that have a proven benefit, such as mammograms. They fear that this, could put women at an even greater risk. “Women should not think that by doing breast-self exams, they are no longer in need of mammograms,” said David Thomas, M.D., Ph.D. of Seattle’s Fred Hutchinson Cancer Research Center who is heading a randomized trial of breast self-examinations. “That would be a terrible mistake.”

Clinical Trials Cost Effective

Federal and private health insurers have nothing to lose financially—and everything to gain scientifically—by extending coverage to participants in clinical trials. This, according to researchers who conducted an in-depth analysis of patient records and presented their findings recently at the annual meeting of the American Society of Clinical Oncology (ASCO) in New Orleans.

According a release issued by ASCO, Medicare or most private insurers exclude coverage of clinical trials. Two studies discussed at the conference refuted a key argument against coverage—that care received in clinical trials is more expensive than standard therapy.

The separate findings of these studies concluded that treating patients in cancer clinical trials place no extra burden on federal and private health insurers than standard treatment. Researchers attribute the lower costs to efficiency of clinical trials protocols and the fact that many clinical trial therapies are free to participating patients.

Currently, no uniform policy exists regarding federal or private reimbursement for participants in clinical trials. Congress is slated to consider such a proposal through the Patients’ Bill of Rights and the Medicare Cancer Clinical Trials Coverage Act.
1999 Contributions

The Virginia Breast Cancer Foundation gratefully acknowledges the individuals, companies and organizations whose generosity makes it possible for us to continue our fight against breast cancer.

Benefactors
($1,000 and up)
American Cancer Society
The Beirne Carter Foundation
Delux Corporation Foundation
Ekerd Corporation (In honor of Becky Morris)
Ferguson Enterprises
Haynes Furniture Company
JCPenney Corporation (In honor of Mary Jo Ellis Kahn)
Susan G. Komen Foundation’s Richmond Race for the Cure®
Regency Square Merchants Association, Inc.
Phil Roper
St. Mary’s Healthcare Foundation
United Way Campaigns
Dr. and Mrs. James Ukrop Foundation

Contributors
Teresa A. Barclay
Karen L. Batista
Bon Air Jewish Community Center
Circle Communications
Columbia John Randolph Medical Center’s Auxiliary
Commonwealth Foot Care, Inc.
Joy Edwards, M.D.
The Freddie Mac Foundation
GPWC Women’s Club
Frances Greenfield
Laura L. Grigsby
Patricia P. Hinkin
Home Care Delivered
Mitzi G. Humphrey
Hunter Holmes McGuire Veteran’s Administration Hospital
Anne N. Jones
Junior Women’s Club of Williamsburg
Sonia M. Larson
Mary Jane Marshall
Ashley Massengale
Turtle Academy Ping Pong Tournament
The Nottingham Garden Club
Pfizer, Inc.
Deborah V. Richards
Edith C. Scott
Mark Shephard
South Richmond Rotary Club
Vernon M. Sylvest, M.D.

Memorial Contributions
In memory of Cerri Abbey
Mary J. Callahan
Richard & Betty Louder
In memory of Ed Baker’s Mother
Dolores G. Fogel
In memory of Rita Becker
Lynn B. Schwartz
In memory of Mariotti Cary
Amy B. Matney
In memory of Audrey Childress
Sandeep J. Broach
LaWanda C. Bruce
June S. Culbreath
Henry Childress
Pamela J. Clark
Velma M. Davis
Joann W. Durer
Carole W. Finnegan
Audrey Huband
Mr. & Mrs. Hugh C. Jones
Harry T. Martin
Traci W. Miller
Mrs. Margaret P. Mitchell
Thomas McCormick
Tamera W. Muller
Whitney T. Plummer
Martha S. Riggs
Janet S. Owen
N. Novak
Mr. & Mrs. R. Floyd Schooless
Ann H. Scott
Ann D. Sweat
Grace B. Tate
Jean F. Talley

In memory of Nancy Dopp
Laurete Alpha
Cynthia Barnett
Melissa J. Dopp

In memory of Tina Forkin
Karen A. Rashke

In memory of Dora Hale
Martha Louise Howe

In memory of Sherry S. Hickman
Janice W. Zygelocke

In memory of Terri Hirsch
Alice F. Goldman

In memory of Noreen T. Holland
Christine Hemme

In memory of Pat Horrell
1st Quality Printing Services

In memory of Helen Howard
Rita C. Johnson

In memory of Marcia Bandas Hughes
Alice F. Goldman

In memory of Margaret Kelly
Gloria W. Bottoms
Leslie Fellows
Jack H. Kelly

In memory of Bernice Kessler
Lois Broocker

In memory of Bess Kohlenberg
Alice F. Goldman

In memory of Sherry Kohlenberg
Mavis Tsai

In memory of Emily Kokie’s Grandfather
Robert L. Freed, P.C.
In memory of Lilian Levine
Sylvia Imburg

In memory of Natalie Levitan
Alice F. Goldman

In memory of Marcella Liverman
Betty L. Moritz

In memory of Linda Matthews
Fernando Batista
Linda L. Batz
Charles and Brenda Blevins
Joy Burns
Gladys F. Case
Robert and Nancy Cramer
Margaret Franco
Judith Anne Gray
Barbara Geisler
Carl and Syngie Herman
Hunterdon Central Regional High School
Barbara J. Matybell
Betty P. Minor
Donna M. Petrella
George and Nancy Ringer
Harlen Rosenburg
Barbara Wells
Golda Wilson

In memory of Joyce Gibbs McKay
Cheryl M. Comes
Philip Morris (matching Cheryl Comes)

In memory of Margie Miller
Parishioners of St. Mary's Episcopal Church

In memory of Gary Wayne Morris
Linda L. Morris

In memory of Jack Paulson
Jacqueline R. Batterson

In memory of Naomi Pearson
Judith R. Clark
Nayyar Mahmood Butt
Wilna M. Lindsey
Katherine M. Plate

In memory of Jean Platt
Clifford and Barbara Goodall

In memory of Lynda Benson Polak
Susan B. Sisisky

In memory of Catherine Quinn
James H. Adams, Jr.
Kathryn R. Allen
Frank Armstrong, III
Alessandro G. Basso, M.D.
Sandra W. Baker
Denver C. Bolyard, Jr.
Elaine K. Brandt
Catherine M. Brink
Alice N. Brown
May A. Caggiano
Harriet Campbell Brown
Patsy Carothers
Betty H. Carroll
Brawner and Judith Cates
Thelma E. Coffin
Anne B. Coleman
Elizabeth S. Cook
Robert B. Dale, Jr.
Massie H. Dameron
June H. Davies
Elizabeth B. Drake
Violet L. Drake
Michael A. Eisenfield
Dorothy S. Farley
John and Jo Fisher
Front Royal Internal Medicine Associates
Mary M. Froelich
Susan E. Francis
Dr. and Mrs. Allen A. Futtral, Jr.
Shirley H. Gaunt
Harriet Z. Garnett
Susan M. Gentry
Dr. Gildersleeve, Toxopeus, et al.
J. Judith K. Gray
Judith L. Grady
Ann and Robert Crogg
Jane E. Grieninger
Katherine Gustin
Mrs. Lawrence D. Hanback
Nelda L. Harless
Marlyn R. Heath
Robert W. Hill
Pembroke D. Hutchinson
Alice C. Humphreys
Cherles W. Huntsberry, Sr.
Internal Medicine Specialists of Winchester
David R. Jackson
Joanne C. Jacobs
Jo Ellen Jones, M.D.
Terry Kellas
Lillian B. Keller
Barbara M. Knecht
Douglass and Andrea Koenker
Patricia G. Koval
Peggy Jackson
PH. and H.L. Johnson
John B. Leary
Mrs. Ben B. LeCompte, Jr.
Marjorie S. Lewis
Linda P. Luthz
Barbara R. Maphis
Betty P. Martin
Thomas E. Maring, Jr. M.D.
Christine M. McDonald
Eleanor P. Monahan
Frances S. Nelson
Anne M. Nickerson
Northern Virginia Medical Auxiliary
Jeanne S. Powers
Jenny J. Powers
Blanche R. Stickley
D. Eric Redmon, DDS
Helen W. Reed
Carla L. Reese
Gregory and Karen Ritter
Marie A. Russo
Linda J. Santanana
Lynne C. Sayles
Selma Medical Associates, Inc.
Shenandoah Oncology Associates, Inc.
Diane R. Sinclair
Leila S. Sirbaugh
Patricia M. Simmons
Norma J. Slonker
Mrs. Robert W. Smalley
PK. Stillwagon
Thompson, Siegel & Walmsley, Inc.
Jean S. Trani
John W. Truban
Blake H. Watts
James C. Warner
Margaret L. Weller
Frances Z. White
F. Dixon Whitworth
Winchester Cardiology and Internal Medicine
Winchester Medical Center, Inc.
Winchester Pulmonary & Internal Medicine
Winchester Surgical Clinic
Maxine S. Willey
Woodstock Internal Medicine
Peter S. Yeatras
James R. York
Louise P. Zuckerman
In memory of Sandy Quinn
Ann S. Cross
Price and Sandy Lineweaver

In memory of Donna V. Reid
Sonya Rollins

In memory of Rita Russ Sager
Bonnie S. Eisenman
Sylvia G. Imburg

In memory of Mary Evelyn (Tillie) Sanker
Gretchen A. Boyland
Etta B. Hook
Denise W. Farmer
Nancy J. Higginson
Eileen M. Roskoski
A. Jacy Thurmond, Jr.

In memory of Shelly Spain
Carol V. Blankenship

In memory of Peggy Stein
Cynthia L. Burkhardt

In memory of Janet Strombock
Milton and Sarah Miller

In memory of Mary W. Thompson
Carla T. Williams

In memory of Brenda Zimm
Alice F. Goldman

Honorary Contributions
In honor of Debra November Brown
Ellen K. November

In honor of Liz Campbell
Martha K. Moore

In honor of Dr. Claire Carman
Betty L. Moritz

In honor of Dr. Lorraine Donovan
Carl Hobbs, III
Samuel Wilson
Nancy Courtney Wilson

In honor of Ruth Eggleston
Burton G. Thalheimer

In honor of Ronnie Freuhauf
Dale S. Rice

In honor of Mrs. Helene B. Garber
Mrs. Warren A. Winner
Tracy H. Yamamoto

In honor of Libby Gatewood
Pollard & Bagby

In honor of Lindsey Green
Gayle Gault

In honor of Linda Goldman and Barr Weisman
Patricia G. Strawderman

In honor of Margie Hyman, Gwen Banks,
Melanie Becker and Anita Rimler
Gail M. Genderson

In honor of Ann Saunders Jennings
Christopher and Eileen Gilman

In honor of Mary Jo Ellis Kahn
Judith B. Collins
Ann R. Goodman

In honor of Carole Kass
Jinny V. Batterson

In honor of Marie LaDuke
Douglas F. LaDuke

In honor of Christine Laurance
Junior Women’s Club of Williamsburg

In honor of Lois Linden
Julia A. Hoskins

In honor of Becky Morris
Christ United Methodist Women

In honor of Becky Morris, Jackie Banks, Betsy Bennet, Jeanette Napier, Judy Smith, Ann Vernon and Jacki Wilson
Ernest and Peggy Wingo

In honor of Tricia and John Pearsall
Cincinnati Museum Association

In honor of Renee Schiber
Sally L.D. Todd

In honor of Sherry Sturch
Barbara Feldman

In honor of Betsy Wagner
1st Quality Printing Services

In honor of Fran Wheeler
Judith B. Stephenson

In honor of VBCF Volunteers
Karin Noss

In-Kind Contributions
B.A. Prosthetics, Inc.
Faye Mullins

Proceeds from the following fundraisers have been donated to the Virginia Breast Cancer Foundation. These successful special events have raised both breast cancer awareness and funds to further VBCF’s mission.

1999 Tidewater Fashion Show
Annual Big Girls Tea Party
Brunch at River’s Bend Bar and Grill
Chester Tri-Cities
Dinner with Andy
Ellwood Thompson’s “Enhancing Your Life: Healthy Eating and Supplements for your Immune System”
Fifth Annual VBCF Tidewater Golf Tournament
Music for Live Concert
Peninsula Race Toward a Cure
Pink Ribbons Campaign
Ribbons and Roses Tea
River’s Bend Concert Series
Sixth Annual Jazzercise “Dance for the Cause”
Thirteen Annual Women’s Golf Tournament

We sincerely regret any errors or omissions. Please contact VBCF at 1-800-345-8223 or 804-285-1200 with corrections.
The Virginia Breast Cancer Foundation is grateful to the Moses J. Nunnally Foundation for its generous grant to fund the VBCF Newsletter and Bulletin for one year. With this generous gift, VBCF will be able to continue with its most effective educational tools throughout the commonwealth.